



## Aetna Get Active Productivity Power-Up Challenge

Do you sometimes have trouble focusing during work? Or find yourself cranking out long hours? Work productivity is important, and not just because it helps your workplace. It also generally corresponds to your mental wellbeing. In this challenge, rack up steps while learning tips on how to improve and feel better about how you work. Ready? It's time to power up your productivity!

Registration opens April 14, 2025.



Sign in at app.personifyhealth.com and go to Social > Challenges, or scan the QR code to open in the app.

